

NorthStar Soccer – Intramural League Rule Modifications

6U Rules Overview

1. Playing 3v3 - No Goal Keeper, only field players
2. Playing four 8 minute quarters. Can stop half way through the quarter for substitution if desired.
3. Coaches definitely on the field
4. Coaches and parents keep ball in bounds when it's an easy tap. Allow some to go out for the practice of re-starting
5. Re-start should be kick in - no throw ins.
6. For goal kicks - opposing team line up at half field (your best guess since there won't be a line
7. Kick offs at half field also
8. Don't allow lopsided scoring. Add an extra player or find ways to make it harder if one team is scoring all the goals

8U Rules Overview

- 1) Playing 5v5 - keeper plus 4 field players
- 2) Coaches are allowed on the field
- 3) Players should back up to half field on goal kicks.
- 4) Normal rules for Corner Kicks
- 5) 2 re-tries on illegal throw in - Coaches please hold their feet down if you have to!
- 6) Hand ball enforced only if flagrant. Goal Keeper to re-do if carries the ball out of the box but no penalty enforced.
- 7) No PK's. Flagrant foul or handball in the box will be moved out of the box for Direct Kick.
- 8) substitution on any throw in or goal kick
- 9) Standard game is 4 10-minute quarters
- 10) Mini game (used if a group of 3 teams scheduled) is 2 8-minute halves but each team plays 2 games. Example - Game #1 = East 2 v East 3. Game #2 = East 2 v West. Game #3 = West v East 3.

10U Rules Overview

- 1) Playing 7v7 - keeper plus 4 field players
- 2) Coaches are not allowed on the field. Coach from coaching box only.
- 3) Players should back up to the circle on goal kicks.
- 4) Normal rules for Corner Kicks
- 5) 1 re-try on illegal thrown in - then awarded to the other team
- 6) Hand ball enforced only if flagrant. Referee will warn goal keeper but Direct Kick to the other team awarded if goal keeper carries the ball outside of the box.
- 7) PK is possible but only for flagrant foul or hand ball in the box.
- 8) Substitution on any throw in or goal kick (not on Corner Kicks or Free Kicks)
- 9) Standard game is 2 25-minute halves
- 10) Mini game format will be used if needed. 2 15-minute halves in a round-robin of 3 games. Example - Game #1 = East v Hemphill 1, Game #2 = East v Hemphill #2, Game #3 = Hemphill 1 v Hemphill 2.